**Foodstuff paper one-size-fits-most outline sample**

This is to help you with your research and your organization; it works best if you are using notecards for your research data, but can help just about anyone. Your outlines are due next week in class.

I. Introduction
   a. Why you chose this foodstuff
   b. What it is and a little info about it

II. About the foodstuff
   a. Origins of foodstuff (up to 50 percent)
      i. Biological information
      ii. Culture and patterns of cultivation/growth
   b. Original patterns of human
      i. Production
      ii. Gathering
      iii. Preparation
      iv. Distribution
      v. Consumption
   c. Original meanings
      i. Cultural
         Religious
         Language
         Art, literature, philosophy
      ii. Social
         Gender
         Restrictions
         Class

III. Spread of this foodstuff (up to 50 percent)
   a. How and why it moved and where it went
   b. Adaptation by new cultures
      i. one new culture
      ii. another new culture
      iii. another new culture?
   c. New patterns of
      i. Production
      ii. Gathering
      iii. Preparation
      iv. Distribution
      v. Consumption
   d. New meanings
      i. Cultural
         Religious
         Language
Art, literature, philosophy

ii. Social
   Gender
   Restrictions
   Class

IV. Foodstuff in our time (no more than 20 percent)
  a. Modern patterns of
     iii. Production
     iv. Gathering
     v. Preparation
     vi. Distribution
     vii. Consumption
  
  b. Modern meanings
     viii. Cultural
          Religious
          Language
          Art, literature, philosophy
  ix. Social
     Gender
     Restrictions
     Class

V. Conclusion

x.